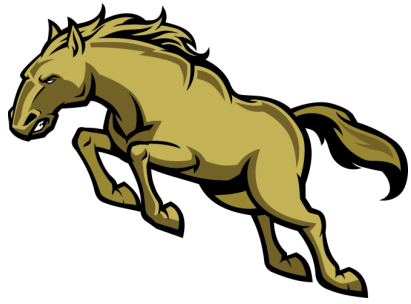


September 2016

SHADOW RIDGE

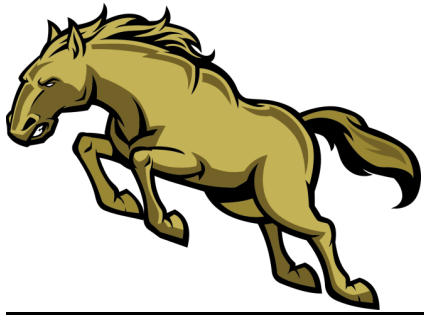
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12 <i>Wrestling Meeting</i> 1:45 <i>Practice 2-4</i>	13 <i>Practice 2-5</i>	14 <i>Practice 2-5</i>	15	16	17
18	19 <i>Practice 2-5</i>	20 <i>Practice 2-5</i>	21 <i>Practice 2-5</i>	22	23	24
25	26 <i>Practice 2-5</i>	27 <i>Practice 2-5</i>	28 <i>Practice 2-5</i>	29	30	



October 2016

SHADOW RIDGE

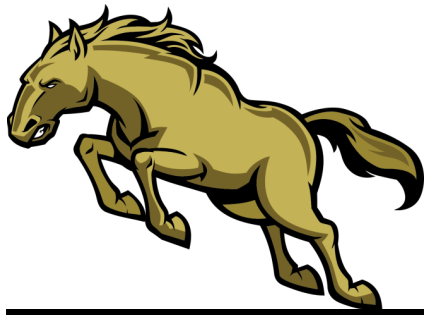
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>Practice 2-5</i>	4 <i>Practice 2-5</i>	5 <i>Practice 2-5</i>	6	7	8
9	10 <i>Practice 2-5</i>	11 <i>Practice 2-5</i>	12 <i>Practice 2-5</i>	13	14	15
16	17 <i>Practice 2-5</i>	18 <i>Practice 2-5</i>	19 <i>Practice 2-5</i>	20	21	22
23	24 <i>Practice 2-5</i>	25 <i>Practice 2-5</i>	26 <i>Practice 2-5</i>	27	28	29
30	31 <i>OFF</i>					



November 2016

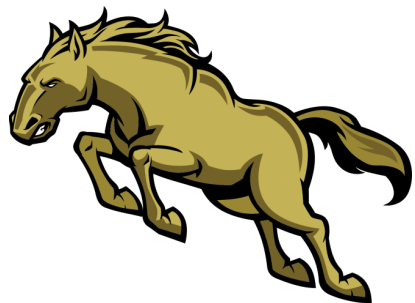


Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Practice 2-5</i>	2 <i>Practice 2-5</i>	3	4	5
6	7 <i>Practice 2-5</i>	8 <i>off</i>	9 <i>Practice 2-5</i>	10	11	12 <i>First Official Day Practice 9-12</i>
13	14 <i>Practice 2-5</i>	15 <i>Practice 2-5</i>	16 <i>Practice 2-5</i>	17 <i>Practice 2-5</i>	18 <i>Practice 2-5</i>	19 <i>Practice 9-12</i>
20	21 <i>Practice 9-12</i>	22 <i>Practice 9-12</i>	23 <i>Practice 9-12</i>	24 <i>Optional Practice 8-10am</i>	25 <i>Varsity Charger Duals JV Newcomers Cimarron Memorial</i>	26 <i>Varsity Charger Duals</i>
27	28 <i>Practice 2-5</i>	29 <i>Shadow, Foothill, Spring Valley @ Las Vegas</i>	30 <i>Practice 2-5</i>			



December 2016 **SHADOW RIDGE** *Mustangs*

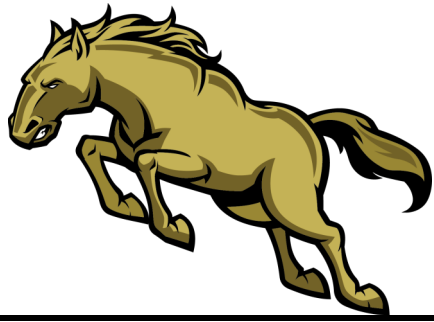
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>Practice 2-5</i>	2 <i>Varsity GV Duals</i> <i>JV Arbor View Duals</i>	3 <i>GV Duals</i> <i>JV Arbor View Duals</i>
4	5 <i>Practice 2-5</i>	6 <i>Practice 2-5</i>	7 <i>Practice 2-5</i>	8 <i>Tri dual or Quad</i> <i>@ Shadow</i>	9 <i>Varsity and JV</i> <i>Mustang Stampede</i> <i>@ Shadow</i>	10 <i>Varsity and JV</i> <i>Mustang Stampede</i> <i>@ Shadow</i>
11	12 <i>Practice 2-5</i>	13 <i>Arbor, Shadow Ridge,</i> <i>Faith Lutheran @</i> <i>Centennial</i>	14 <i>Practice 2-5</i>	15 <i>Practice 2-9</i> <i>@ Las Vegas</i> <i>Convention center</i>	16 <i>Varsity and JV</i> <i>Las Vegas Holiday</i> <i>Classic @ LVOC</i>	17 <i>Varsity and JV</i> <i>Las Vegas Holiday</i> <i>Classic @LVOC</i>
18 <i>Leave for Florida</i> <i>5AM @ Airport</i>	19 <i>Florida</i>	20 <i>Florida</i> <i>JV- Palo Verde Dual</i>	21 <i>Florida</i> <i>JV- Palo Verde Dual</i>	22 <i>Florida</i>	23 <i>Florida</i>	24 <i>Off</i>
25 <i>Off</i>	26 <i>Practice 9-12</i>	27 <i>Practice 9-12</i>	28 <i>TOC</i> <i>Cerritos, CA</i> <i>Falcon JV Invite</i>	29 <i>TOC</i> <i>Cerritos, CA</i>	30 <i>TOC</i> <i>Cerritos, CA</i>	31 <i>Off</i>



January 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Off</i>	2 <i>Practice 2-5</i>	3 <i>Shadow Ridge @ Legacy</i>	4 <i>Practice 2-5</i>	5 <i>Practice 2-5</i>	6 <i>Varsity Bulldog Grappler JV Practice 2-4</i>	7 <i>Varsity Bulldog Grappler JV Henderson JV Tussle @ Basic</i>
8	9 <i>Practice 2-5</i>	10 <i>Practice 2-5</i>	11 <i>Shadow Ridge @ Palo Verde</i>	12 <i>Practice 2-5</i>	13 <i>Varsity Battle for the Belt @ Temecula, CA</i>	14 <i>Varsity Battle for the Belt @ Temecula, CA</i>
15	16 <i>Practice 11-1</i>	17 <i>Practice 11-1</i>	18 <i>Practice 11-1</i>	19 <i>Practice 11-1</i>	20 <i>Rockwell rumble @ Orem, UT JV @ Western</i>	21 <i>Rockwell rumble @ Orem, UT JV @ Western</i>
22	23 <i>Practice 2-5</i>	24 <i>Practice 2-5</i>	25 <i>Cimarron @ Shadow Ridge</i>	26 <i>Practice 2-5</i>	27 <i>JV @ Clark JV Championships</i>	28 <i>JV @ Clark JV Championships</i>
29	30 <i>Practice 2-5</i>	31 <i>Practice 2-5</i>				



February 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>Practice 2-5</i>	2 <i>Practice 2-5</i>	3 <i>Regionals TBD</i>	4 <i>Regionals TBD</i>
5	6 <i>Practice 2-4</i>	7 <i>Practice 2-4</i>	8 <i>Practice 2-4</i>	9 <i>Practice 2-4</i>	10 <i>State Championships Reno</i>	11 <i>State Championships Reno</i>
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				